

DRUG & ALCOHOL OVERDOSE

NOT Moving but **IS** Breathing

Turn them over onto their side

Continually check they are Breathing

**CALL THE
AMBULANCE ON
000**

NOT Moving & **NOT** Breathing

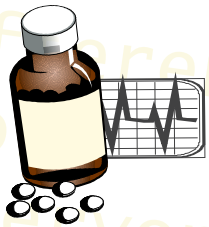
Try to get a response

Start CPR
Do 30 compressions on their chest

Tilt their head and give 2 breaths

Look out for your mates
Don't let anyone be alone

Keep going
Don't stop
30 Compressions then 2 breaths



Delay could be DEADLY!

Remember.....

Ambulance officers DO NOT tell the police that you or your friends have taken drugs



You have NOTHING to fear by calling the paramedics for help, and you may SAVE a friend's life

